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To: Secretary/ Presidents – SAWF Wrestling Associations

SAWF Executive Management

22 May 2019

SAWFCC CIRCULAR 13/2019 (National Training Camp 24 - 26 May 2019 at HPC)

We would like to inform the everybody with regards to the national training camp scheduled for the weekend of the 24-26 May 2019. This National training camp will be a closed training camp as we want to focus on the preparation of specific teams for international participation. Our focus will be on the ISF World Combat Games team, but we have decided to invite other wrestlers the various teams.

During the training camp in June and July we will include all other team member as per SAWFCC Circular 11 and 12/2019 and it will be a normal open training camp. Please understand that we have operate within our preparation budget and therefore carefully plan our training camps. Please note, wrestlers not invited to attend this camp, will not be penalised with regards to the requirements for the 2019 National Trials.

<u>This training camp in compulsory for all ISF World Combat Games team members and wrestlers selected</u> for the 2019 UWW Cadet and Junior World Championships.

Please note:

- 1. Entries will not be done on etms, as the training camp takes place at the HPC at the University of Pretoria. Wrestlers and coaches must however confirm their attendance by Whatsup with Nico Coetzee 083 232 1120 by Thursday 23 May 2019 at 11:00.
- 2. Wrestlers that needs strapping must bring their own strapping along.
- 3. Team members need to bring running shoes and normal wrestling gear for the camps.

Details of the training camps:

Venue: HPC – University of Pretoria

Burnett Straat Hatfield, Pretoria

Sport Kampus (LC de Villiers) - Let wel die HPC is nie by die LC de Villiers stadium nie maar in

Burnett straat soos aangedui.

GPS ko-ordinate: S25° 44′ 58" E28º 14′ 47"

Camp Starts: Friday – 24 May 2019, 11:00 at the NG Hall (for the ISF Team Member)

Friday – 24 May 2019, 16:00 at the NG Hall (for World Championship team members)

Camp ends: Sunday – 26 May 2019, 11:00

President: MHJ Bosse; Honorary President: JH Taljard; Vice President: C Villet; Vice President: CJ van der Walt; Vice President: Jeanne-Marie Coetser

Secretary General & Chairman Admin Council: HN van den Berg; Treasurer: SH Bartlett; Chairperson Officials: W Giliomee

Chairperson Coaches: N Coetzee; Chairperson Team Managers: M Luff; Chairperson HSSC: R Pieterse

Assistant to Treasurer & Secretary General: M de Wit; Chairperson Marketing & Media: SA Bartlett











Scheduled Training Sessions:

Friday 24 May 2019: 11:00 – 12:30 at NG Wrestling Hall

16:00 - 17:30 at NG Wrestling Hall 19:00 - 20:30 at HPC (Team building)

Saturday 25 May 2019: 06:00 – 07:30 at HPC

11:00 - 12:30 at Moot Wrestling Club 16:00 – 17:30 at Moot Wrestling Club

19:00 – 20:30 at HPC (Team talk and preparation)

Sunday 26 May 2019: 07:30 – 09:00 at HPC

10:00 - 11:00 at HPC (Closure)

Kind Regards

Nico Coetzee - Chairperson SAWFCC

