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## 1. Introduction

National Trials were held on the 19<sup>th</sup> of March 2016 at the Protea Community Hall in Cape Town. The team was then selected from the winners of the various divisions.

### 1.1. Wrestlers

The team consisted of cadet male and female wrestlers:

#### Greco Roman

| Surname, Name          | Bracket | Ass   |
|------------------------|---------|-------|
| Chochi, Given          | 50kg    | GNWA  |
| Khathali, Tiisetsang   | 60kg    | WPWA  |
| Osadolor, Onke Jeffery | 66kg    | WPWA  |
| Whelan, Wiehan Corne   | 74kg    | KZNSA |
| Nel, Ian Gert          | 84kg    | LWA   |

#### Freestyle

| Surname, Name                   | Bracket | Ass  |
|---------------------------------|---------|------|
| Beukes, Jason Juwayne           | 50kg    | BWA  |
| Chochi, Gift                    | 55kg    | GNWA |
| Van Den Berg, Hermanus Nicolaas | 60kg    | MWA  |
| Mzimase, Tebuo                  | 66kg    | WPWA |
| Marais, Fredylan George         | 84kg    | HNWA |
| Van Zyl, Hendrik Andries        | 120kg   | LWA  |

#### Female

| Surname, Name     | Bracket | Ass  |
|-------------------|---------|------|
| Theledi, Patricia | 44kg    | CGWA |

### 1.2. Coaches

|                                  |      |
|----------------------------------|------|
| Van Der Walt, Cornelius Johannes | SWA  |
| Alberts, Tobias                  | EGWA |

### 1.3. Team Manager

|                        |      |
|------------------------|------|
| Bartlett, Shaun Harold | EGWA |
|------------------------|------|

### 1.4. Officials

Giliomee, Willem Johannes  
Van Zyl, Adam

WPWA  
LWA

Although not part of the touring party, Mr Charles Villet was appointed by UWW as one of the instructors prior to the Championship where he assisted in presenting a UWW Referee's course and also assisted the UWW representative during the Championship.

### **1.5. Supporters/Spectators**

The Cadet Team was accompanied by Ms Mariaan Kruger (MWA) and Mr Johann Kotze (WPWA) their support was highly appreciated by the Junior team members as well.

### **1.6. Withdrawals**

The following Team Members withdrew prior to departure

Louw, Reynhardt – FS 60kg from GNWA  
Roets, Pieter Rudolf – FS 74kg from LWA  
Stans, Leanco – FW 59kg from GNWA  
Du Plessis Jonovan – FS 86kg from GNWA





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## Preparation

### 1.7. Training

National training groups attended regional training sessions and camps under the supervision of the South African Wrestling Federations Coaches Council. Attendance registers were kept and sent through on a regular basis.

One national training camp was held in June and all members of the team were present thanks to financial assistance provided by the Federation through funds received from the Department of Sport and Recreation.

A fitness test was conducted by the coaching team and results were shared with the team members and problem areas discussed with the wrestler's club and provincial coach.

Training facilities in Algeria were of a very high standard and the area was well maintained. Wrestlers were put through their paces as soon as they arrived in Algeria and were quickly acclimatised and by the time the competition started they were all used to the heat and humidity in Algiers.

### 1.8. Administration

Administration of the team was handled by myself with regular e-mails and letters being sent out. Separate WhatsApp groups were created for Coaches, Team Members and Parents which enabled me to communicate quickly and effectively with everyone.

The withdrawal of Cameroon as host country caused initial problems and uncertainty amongst parents and was a huge frustration for the team managers who could not make travel arrangements without knowing where the championship was to be hosted – if at all.

Once Algeria was announced as the new host Nation and the championship was officially postponed we were able to ensure that everything was put in place in time for the team to depart.

The air tickets were a concern because the new dates coincided with the European summer and SA School holidays and availability was a major problem. However, thanks to the efforts of Bertie Loubser from Travel Counsellors in Cape Town and many late nights we managed to split the team in two and the two groups managed to get seats from CTN and JNB. We did however need to depart a day earlier from South Africa and stay an additional day in Algeria due to non-availability of seats.



Team members from the Western Cape and Boland travelled on Turkish Airways and the rest of the team travelled on Qatar airways via Doha.

The Visa Applications were handled through VisaPak who assisted with the preparation of the applications and ensuring the process was as stress free as possible. All visas were successfully obtained and passports were returned to the team members several days before departure.



## 2. Championship

### 2.1. Transport

We were met by the representative from the Algerian Wrestling Federation and our bus driver at the airport and after exchanging some USD for local currency we left for the Olympic Centre. The same bus was provided to us for the remainder of our stay to take us to where we needed to go on competition days and other outings.

The transportation was of a high standard and was always on time.

### 2.2. Accommodation

Our accommodation was of a high standard and was modern, very clean and the rooms were spacious and air-conditioned. We had Wi-Fi connection in the lounge area, but as more and more teams arrived it became more difficult to connect to and maintain connectivity.

Each room had their own bathroom and toilette facilities which was a blessing as public facilities in Algeria were not the cleanest.

We also made use of the ½ Olympic size swimming pool as well as the basketball courts and all the other facilities within the Centre.

The food was foreign to us and many of the meals were not very enjoyable, however there was enough food for those who wanted to eat and the rest of us made do with snacks and Pizza at the competition venue. We also enjoyed their yogurts, fruits and juices which were very tasty.

Water was provided for training and competition purposes thanks to our hosts who always made sure we had enough on hand.

### 2.3. Exploring the Country

Although our hosts and the people of Algeria in general were friendly and welcoming, the location of the Olympic Training Centre in Souidania, a suburb which is about an hour away from Algiers' city centre, proved to be the ideal place to train but not the best to explore.

It is located in a relatively new area with absolutely no tourist attractions or places of interest nearby. Although we had a bus at our disposal it was difficult co coordinating training sessions, weigh in and sightseeing due to the distance and time it would take to travel.



We were able to explore the immediate surroundings and fortunately there were a few Superettes in the area where we could buy cool drinks, snacks etc.

After the competition we were able to visit a shopping centre and beach where the wrestlers could get an idea of the country and the people. We were also treated to a drive to a night market and tourist area later that night.

Algeria is a very hot clean country. People are very friendly and welcoming.



## 2.4. Training and Competition Venue

The practicing hall was in the same facility where we were accommodated, just down stairs, this made our practicing schedule very easy and we were able to enjoy full use of the three training mats on a daily basis.

On competition days we had to travel about 35km to the competition hall. The layout of the wrestling area was beautiful and spacious. Spectators and wrestlers were seated on top and only wrestlers, coaches and team managers were allowed access to the wrestling area. Access was strictly controlled and we enjoyed an unobstructed view of all three mats.

The only concerns with the competition venue was that the ablution facilities catered for local inhabitants only and the facilities were not something we as “westerners” are accustomed to. Fortunately, our bus was equipped with its own toilette and the ladies were allowed to use this when needed.

There was no food available inside the venue however this did not stop our wrestlers from exploring the surrounding shops and finding some tasty local food.

## 2.5. Medical, Weigh-in and Paring

All styles competed on the same day therefore the medical and weigh in took place on the same day for the entire team. We were not allowed access to the scales themselves however the process was carefully monitored by Mr Bouaziz and Mr Villet who instilled a level of confidence in the process.

The area allocated for this was not suitable and it was very cramped during the process.

The drawing of lots was done electronically and entered onto the United World Wrestling's system. After each weight and category was weighed the draw was displayed on TV screens outside the weigh in area. This appeared to be a new process and the impression was that it was being tested as there were a few minor bugs in the process and after the weigh in we were allowed to photograph the manual weigh in sheets which were used to do the final pairing.

## 2.6. Placing of SA Wrestler

Wrestling started on time and the first hour was really busy because all styles wrestled on the same day. For many of our young wrestlers the first few matches must have been an eye opener as the teams were well supported and the noise and atmosphere inside the venue was electrifying and something we in South Africa are not accustomed to.

Once the nerves settled it was business as usual for our wrestlers and we could see them slowly settling down.

Below is a summary of results:

### **Junior Greco Roman**

- 50kg – Given Chochi – 4<sup>th</sup>
- 60kg – Titsetsang Khathali – 5<sup>th</sup>
- 66kg – Onke Osadolor – 4<sup>th</sup>
- 74kg – Wiehan Whelan – 4<sup>th</sup>
- 84kg – Ian Nel – 3<sup>rd</sup>

### **Junior Woman**

- 44kg – Patricia Theledi – 3<sup>rd</sup>

### **Junior Freestyle**

- 50kg – Jason Beukes – 3<sup>rd</sup>
- 55kg – Gift Chochi – 4<sup>th</sup>
- 60kg – Nic Van Den Berg – 5<sup>th</sup>
- 50kg – Xander Coetzee – 1<sup>st</sup>
- 66kg – Tebou Mzimase – 6<sup>th</sup>
- 84kg – Dylan Marais – 2<sup>nd</sup>
- 120kg – Henk van Zyl – 3<sup>rd</sup>

## **2.7. Team Placing**

The teams were placed as follows:

- Greco Roman Team – 3<sup>rd</sup> overall out of 5 Teams
- Woman's Team – 4<sup>th</sup> overall out of 5 teams
- Freestyle Team – 4<sup>th</sup> overall out of 7 teams

Although we were well prepared and the majority of our wrestlers are able to stand their ground with their African opponents it was clear that some of our wrestlers lacked the necessary experience to settle the nerves quicker and overcome the initial shock of competing at this level.



## 2.8. Team Discipline and Problems

Leading up to the Championship discussions were held on a regular basis with the team regarding discipline and what the coaching and support staff expect of them on and off the mat. The SAWF and United World Wrestling's code of conduct was distributed and signed by all team members and their parents.

Overall the discipline was of a very high standard and the one or two minor incidents while in Algeria were handled by the Coaching and Support Staff.

The experienced Juniors showed good leadership skills and assisted with the management and discipline in the team.

## 3. Acknowledgements

Firstly, we would like to thank the Team Manager's Council and the Executive Management of the SAWF for the confidence shown in selecting me to accompany this great group of wrestlers and coaches to the Championships.

Corrie and Tobie, thank you for the support and dedication to the sport and these young wrestlers. Your combined experience and knowledge was a real asset to all of us in the team and it is great to have coaches with the level of passion you both have. Well done!

Oom Manie, where would I be without Oom's support, knowledge and never say die attitude. No matter what happened Oom was always ready to help out and get things sorted on this side. Thank you for the lessons taught during the 2015 Championships they came in handy when dealing with some of the issues in Algeria,

Thank you to our "home team manager" Gussie Bartlett for being our link to the parents in South Africa – once again you showed just how quick you are to forward news onto the parents making them feel part of the team and sharing their experience with their children.

To Mr Sakkie Bosse and the rest of the SAWF Executive Management, thank you for showing an interest in the team and for all the support given to them before, during and after the championships.

A special word of thanks to Naledi Msimang and her team from the South African Embassy in Algiers for supporting our team and coming to spend most of the first day with us, it was really a nice surprise and was great being able to talk to someone who could relate to us.

Thank you to the parents for the countless hours spent supporting your child and the never ending financial input each of you give year in and year out. Know that your child wrestled his/her heart out and left it all on the mat. I am sure each of these young people came back as a better more experienced young man/woman.

Please never stop!

Finally, to each of our wrestlers, thank you for sharing your experience with me. It was truly an honour to have been your team manager and look forward to seeing you all grow into the future stars of South African Wrestling. There was lots of blood, sweat and tears shed in Algeria and it was truly great for me to share it with you. Africa is not for sissies.....and don't let anyone tell you anything else. Well done on your achievements and continue to train hard and reach for those goals.

All the best and Oom Shaun will be watching.....

Shaun Bartlett

## 4. Financials

The budget and financial information was handled by the SAWF Treasurer and all payments were received from team members timeously and as requested. We would like to thank the SAWF, who through the National Lottery Distribution Fund, assisted team members with a sizeable contribution towards their expenses – it was greatly appreciated. Below is a summary of the costs of the tour.

|                    |                                  |           |          |      |               |                 | Junior Continental Championships - 2016 |                             |  |   |  |                                  | Accommodation |             |             |                |              |            | Other Expenses |              |                |            |            |            |            |            |            |
|--------------------|----------------------------------|-----------|----------|------|---------------|-----------------|---|-----------------------------|--|---|--|----------------------------------|---------------|-------------|-------------|----------------|--------------|------------|----------------|--------------|----------------|------------|------------|------------|------------|------------|------------|
|                    |                                  |           |          |      |               |                 | 12/07/2016                              | 13/07/2016                  | 14/07/2016                                 | 15/07/2016                              | 16/07/2016                                 | 17/07/2016                       | 18/07/2016    | 12/07/2016  | 13/07/2016  | 14/07/2016     | 15/07/2016   | 16/07/2016 | 17/07/2016     | 18/07/2016   | 12/07/2016     | 13/07/2016 | 14/07/2016 | 15/07/2016 | 16/07/2016 | 17/07/2016 | 18/07/2016 |
|                    |                                  |           |          |      |               |                 | Arrival                                 | Arrival of Cadets & Juniors | Final Entry and Weigh In - FW & GR (CADET) | Competition FW & GR (CADET) Weigh in FS | Competition FS (CADET) and Weigh in Junior | Competition Junior FS, FW and GR | Extra Night   | Visa        | UWW Licence | Emergency Fund | Insurance    | Flight     | Admin. Fee     | Refund       | Emergency Fund | Total      |            |            |            |            |            |
|                    | Surname, Name                    | Confirmed | Bracket  | Ass  | ID Number     | Passport Number |   |                             |  |   |  |                                  |               |             |             |                |              |            |                |              |                |            |            |            |            |            |            |
| <b>FW (JUNIOR)</b> | Theledi, Patricia                | YES       | 44-48kg  | CGW  | 9612300124081 | A04608706       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      | R 1 750.00  | R 1 152.17  | R 300.00       | R 8 910.23   | R 300.00   |                | -R 987.60    | R 19 843.40    |            |            |            |            |            |            |
|                    | Chochi, Given                    | YES       | U/50kg   | GNWA | 9606225743082 | A04092022       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      | R 1 750.00  | R 1 152.17  | R 300.00       | R 8 910.23   | R 300.00   |                | -R 987.60    | R 19 843.40    |            |            |            |            |            |            |
| <b>GR (JUNIOR)</b> | Knathali, Tiisetang              | YES       | 55-60kg  | WPWA | 9805295555083 |                 | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      | R 1 750.00  | R 1 152.17  | R 300.00       | R 9 696.23   | R 300.00   |                | -R 987.60    | R 20 629.40    |            |            |            |            |            |            |
|                    | Osadolor, Onke Jeffery           | YES       | 60-66kg  | WPWA | 9601215081080 | A02433180       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      | R 1 750.00  | R 1 152.17  | R 300.00       | R 9 696.23   | R 300.00   |                | -R 987.60    | R 20 629.40    |            |            |            |            |            |            |
|                    | Whelan, Wiehan Come              | YES       | 66-74kg  | KZN  | 9811185017085 | A03584287       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      | R 1 750.00  | R 1 152.17  | R 300.00       | R 8 910.23   | R 300.00   |                | -R 987.60    | R 19 843.40    |            |            |            |            |            |            |
|                    | Nel, Ian Gert                    | YES       | 74-84kg  | LWA  | 9804295016089 | A03590228       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      | R 1 750.00  | R 1 152.17  | R 300.00       | R 8 910.23   | R 300.00   |                | -R 987.60    | R 19 843.40    |            |            |            |            |            |            |
| <b>FS (JUNIOR)</b> | Beukes, Jason Juwayne            | YES       | U/50kg   | BWA  | 9707195181087 | A04117302       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      | R 1 750.00  | R 1 152.17  | R 300.00       | R 9 696.23   | R 300.00   |                | -R 987.60    | R 20 629.40    |            |            |            |            |            |            |
|                    | Chochi, Gift                     | YES       | 50-55kg  | GNWA | 9606225742084 | A04115910       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      | R 1 750.00  | R 1 152.17  | R 300.00       | R 9 410.23   | R 300.00   |                | -R 987.60    | R 20 343.40    |            |            |            |            |            |            |
|                    | Van Den Berg, Hermanus Nicolaas  | YES       | 55-60kg  | MPUM | 9807165068080 | A03214579       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      | R 1 750.00  | R 1 152.17  | R 300.00       | R 9 410.23   | R 300.00   |                | -R 987.60    | R 20 343.40    |            |            |            |            |            |            |
|                    | Mzimase, Tebuo                   | YES       | 60-66kg  | WPWA | 9606125289087 | A05240134       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      | R 1 750.00  | R 1 152.17  | R 300.00       | R 9 696.23   | R 300.00   |                | -R 987.60    | R 20 629.40    |            |            |            |            |            |            |
|                    | Marais, Fredylan George          | YES       | 74-84kg  | GNWA | 9807105227085 | A03332017       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 1 026.00    | R 1 750.00  | R 1 152.17  | R 300.00       | R 9 410.23   | R 300.00   |                | -R 987.60    | R 21 027.40    |            |            |            |            |            |            |
|                    | Van Zyl, Hendrik Andries         | YES       | 96-120kg | LWA  | 9802015023088 | A03328217       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      | R 1 750.00  | R 1 152.17  | R 300.00       | R 8 440.23   | R 300.00   |                | -R 987.60    | R 19 373.40    |            |            |            |            |            |            |
| <b>Coaches</b>     | Van Der Walt, Cornelius Johannes | YES       |          | SED  | 6212195267088 | 484074797       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      |             | R 1 152.17  | R 300.00       | R 8 440.23   | R 300.00   |                | -R 987.60    | R 19 373.40    |            |            |            |            |            |            |
|                    | Alberts, Tobias                  | YES       |          | GEW  | 6111125065085 | A05188176       | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      |             | R 1 152.17  | R 300.00       | R 8 440.23   | R 300.00   |                | -R 987.60    | R 19 373.40    |            |            |            |            |            |            |
| <b>OFFICIAL</b>    | Van Zyl, Adam                    | YES       |          |      |               |                 | R 1 403.80                              | R 1 403.80                  | R 1 403.80                                 | R 1 403.80                              | R 1 403.80                                 | R 1 403.80                       | R 342.00      |             |             | R 300.00       | R 9 410.23   | R 300.00   |                |              | R 20 178.83    |            |            |            |            |            |            |
|                    |                                  |           |          |      |               |                 | R 21 057.00                             | R 21 057.00                 | R 21 057.00                                | R 21 057.00                             | R 21 057.00                                | R 21 057.00                      | R 5 814.00    | R 21 000.00 | R 16 130.38 | R 4 500.00     | R 137 387.45 | R 4 500.00 |                | -R 13 826.40 | R 301 904.43   |            |            |            |            |            |            |