

SAWF PRESIDENTS NATIONAL CHAMPIONSHIPS

FREESTYLE

16 MARCH 2019

Venue	: Velodrome Stadium, Bellville, Cape Town
Date	: 16/03/2019
Preliminary Closing Date (Clubs)	: 05/03/2019 @ 22:00
Final Closing Date (Associations)	: 07/03/2019 @ 22:00
Medical Check & Weigh-in	: 16/03/2019 @ 07:00 to 07:30
Opening Ceremony	: 16/03/2019 @ 08:00
Entry Fees	: R330.00
	: R110.00 for Underprivileged Wrestlers
Late Entries	: R150.00 extra
Weight Changes	: R100.00
Program Fees	: R100.00 per Association
Pairing System	: United World Wrestling Rules

Entries

Juniors - Men	: Born 1999 - 2005	Weight Divisions as per SAWF Rules
Schools - Men	: Born 2006 - 2010	Open Brackets *

* Lightest weight determines start of brackets. Bracketing done in 10% increments

Note:

- **No novice wrestlers may enter the presidents division. Novice wrestlers are those who have registered with the SAWF for the first time.**
- **Minimum weight of 25kg to participate in the Junior (FS & FW) division applies, wrestlers weighing less than the minimum weight will not be allowed to participate - please make sure BEFORE entering for the championships.**

President: MHJ Bosse; Honorary President: JH Taljard; Vice President: C Villet; Vice President: CJ van der Walt; Vice President: J Coetser;
Secretary General & Chairman Admin Council: HN van den Berg; Treasurer: SH Bartlett; Chairperson Officials: W Giliomee;
Chairperson Coaches: N Coetzee; Chairperson Team Managers: M Luff; Chairperson HSSC: R Pieterse;
Assistant to Treasurer & Secretary General: M De Wit; Chairperson Marketing & Media: SA Bartlett

Medical Rules - Potentially Infectious Skin Lesions

The purpose of the pre-competition medical check is not to eliminate wrestlers from competition but the SAWF is obliged to ensure the health and safety of all participants during competitions.

To decide if a lesion is infectious or not can be very difficult. For this reason, the opportunity to present a letter from a Medical Doctor or Dermatologist exists, to certify activity or non-activity of suspicious lesions.

The letter from the Doctor / Dermatologist should not be older than seven (7) days and must state where the suspected lesion / mark is and confirm that it is not infectious;

This letter must be handed in to the medical examination officials at the pre-competition examination.

If no letter is submitted the medical practitioner or, in the absence of a medical practitioner, the HSS Council member on duty will apply the rules regarding the strapping of skin lesions, keeping in mind the safety of other participants at the competition.

Only HSS approved strapping will be used to cover an secure the lesion - the cost of which will be passed onto the association by the SAWF treasurer.

NO WRESTLER WITH SKIN LESIONS OR CONTAGIOUS MEDICAL CONDITION IN AND AROUND THE FACE AS WELL AS THE NECK OR HAIRLINE WILL BE ALLOWED TO WRESTLE.

It may occur that a lesion was not seen during the pre-competition medical, for various reasons. The main reason often is that the wrestler has hidden the lesion by applying make-up to it.

Should the lesion appear through the day the above guidelines will be applied.

In the event of a dispute the senior team manager may request the tournament secretary to convene a panel consisting of the tournament secretary, SAWF refereeing delegate, the SAWF HSS delegate and the SAWF coaches delegate to rule on the matter - their decision is final, and no further representations will be considered.

Tournament Rules and Regulations

- Please keep traffic conditions in mind in and around the venue to ensure that you arrive on time - no wrestler will be allowed to weigh in after the official weigh in has ended.
- Referees and Judges to report to the SAWF referee delegate before **06:45** and immediately after weigh-in a short, compulsory, information session and rule discussion will take place.
- All wrestles to be correctly registered with the SAWF through eTMS.
- All entries to be done on eTMS before the final closing date.
- Late entries accepted up until the end of the official weigh-in.
- Entries on the day of the competition will only be accepted from the head team manager.

- Entry fees are non-refundable except in the case of withdrawal for medical reasons - medical certificates to be submitted to the tournament secretary **BEFORE** the end of the official weigh-in.
- All referees, judges, team managers, coaches, HSS officials and tournament administrators must be entered on eTMS before the final closing date.
- All delegates must register by scanning in their barcoded membership card at the designated scanning point.
- Associations to submit the names of their senior team manager (one per association) to the secretary of the team managers council before the competition.
- Weigh-in and officials' cards will only be handed to the senior team manager.
- The senior team manager is responsible for:
 - Ensuring their team is ready for the opening ceremony
 - Withdrawal of wrestlers - for any reason
 - Querying results or pairing/program errors - please note this is to be done at the Team Manager's station and not directly with the tournament administrators.
 - Late entries of wrestlers or officials on the day of competition with the tournament secretary.
 - Signing off final entries after weigh-in at the tournament administrator - changes after the start of the competition cannot be made.
- All wrestlers in single brackets must remain for the opening and need to check with the tournament secretary before leaving - doping control may require the wrestler to give a sample and should the wrestler not be available a missed test will be recorded, which is a doping offence and could lead to sanctions being imposed.
- Uncontested (single brackets) wrestlers will receive their medals directly after the opening on the podium, team managers to ensure the wrestler is ready and dressed accordingly.
- Officials are only allowed to participate in one role during the competition eg. Only as coach or team manager and not both.
- The medal ceremony will proceed directly after the finals and wrestlers must be present to receive their medals.
- Team managers to ensure that the wrestlers are correctly dressed (club, association or national track suite) and are ready to collect their medals when announced. Wrestlers who are not correctly dressed **WILL NOT** be allowed to collect their medals on the podium.

Good luck to all our athletes and officials - we hope you all have a successful competition but most importantly that you enjoy the day with us.

Link to live results, programs and pairing sheets can be found at the following link - <https://emms.wrestling.org.za/public> and be sure to share all your photos and videos on our [Facebook](#) page as well!

BELLVILLE VELODROME

The Bellville Velodrome in Cape Town is an indoor sporting arena located in Cape Town, Northern Suburbs. The arena can seat up to 6000 people, so it's no wonder the Bellville Velodrome is a popular venue for big live concerts and sporting events.

The Bellville Velodrome boasts a 250m concrete cycling track which surrounds the arena. Apart from various indoor sporting events, the Velodrome is widely used to host concerts, exhibitions and large conferences.

The Velodrome has all the amenities you would expect including toilets, bar, restaurant facilities, ample and secure parking facilities.

Directions to Bellville Velodrome

The Bellville Velodrome is a 25-minute drive from Cape Town on the N1 and situated just off the N1 freeway. The driving time from the airport is 20 minutes.

Take the N1 from Cape Town towards Paarl. Take the Durban Road off-ramp (No 23), then take the first road left into Mispel road. This will take you directly to the parking area of the Velodrome (near the Tygervally Shopping Centre).

GPS Co-Ordinates

GPS Co-ord: 33° 52' 52.176"S, 18° 37' 55.006"E

-33.880392, 18.632566