



SOUTH AFRICAN
WRESTLING FEDERATION

Application for Medical Exemption for participation in SA National Trails	
Name and Surname of applicant:	
Wrestling Association of Applicant:	
Event/s where applicant couldn't participate:	
Documentation to accompany Application	
<i>Check List (all documents must be handed in with application)</i>	<i>Mark with ✓</i>
Letter of motivation from applicant (in the case of minor - letter from parents or legal guardian)	
Supporting letter from Wrestling Club (Signed by Club Chairperson)	
Supporting letter from Wrestling Association (Signed by President of Association)	
Doctor's letter in the case of short-term illness	
Doctor's letter in the case of long-term injury	
Letter from treatment specialist e.g. Physio or Bio kineticist	
Any other documentation to support your application	
Please Note:	
The complete application must be handed in before the closing date for entries to the National trials determined on the SAWF invitation for the relevant National trials. The closing date for entries to the National trials will be 28 days before the scheduled date National trials.	
Incomplete applications will not be accepted make sure all documentation is attached before handing in, no applications will be accepted after the closing date of the National trails	
Only long-term injuries/ illness will be considered for Open Championships	
Signed: (Applicant or legal guardian)	Date:
Signed: (President/ Secretary General of Association)	Date: