

To: Secretary/ Presidents – SAWF Wrestling Associations

SAWF Executive Management

13 February 2019

SAWFCC CIRCULAR 08/2019 (Final Cadet, Junior and Senior 2019 African Championships Teams)

We would like to announce the final Cadet and Junior Team for the 2019 African Championships. Congratulations to all wrestlers, team manager and coaches selected to the 2019 African Championships teams, we wish all the best with your preparation and participation in the event. We would also like to thank you coaches, team managers and technical officials for their willingness to nominate themselves for the National teams to the benefit of our wrestlers.

Please take note of the requirements with regards to the training sessions and camps as stipulated in SAWFCC Circular 02-1/2018 2 February 2018.

Wrestlers and coaches selected and included in the 2019 Cadet, Junior and Senior African Championships teams are required to:

1. Wrestlers must at least 80% of the scheduled national training sessions by participating in and completing the training sessions. This requirement will be for the period 10 February 2019 until the 30 March 2019. *(These dates are applicable to 2019 African Championships and not the 2019 World Championships. Dates for 2019 World Championships are from 10 February 2019 until the relevant World Championships)*
2. All scheduled National training camps are compulsory. This requirement will also be for the period 10 February 2019 until the 30 March 2019. *(These dates are applicable to 2019 African Championships and not the 2019 World Championships. Dates for 2019 World Championships are from 10 February 2019 until the relevant World Championships)*

Below is a summary of the additional dates and training times for the rest of 2019:

Scheduled Wednesday Evening National Training Sessions:

13, 20, 27 February 2019 from 19:00 – 20:30 at NG Wrestling Hall
6, 13, 20 and 27 March 2019 from 19:00 – 20:30 at Primrose Wrestling Club
3, 10, 17 and 24 April 2019 from 19:00 – 20:30 at NG Wrestling Hall

President: MHJ Bosse; Honorary President: JH Taljard; Vice President: C Villet; Vice President: CJ van der Walt; Vice President: Jeanne-Marie Coetser
Secretary General & Chairman Admin Council: HN van den Berg; Treasurer: SH Bartlett; Chairperson Officials: W Giliomee
Chairperson Coaches: N Coetzee; Chairperson Team Managers: M Luff; Chairperson HSSC: R Pieterse
Assistant to Treasurer & Secretary General: M de Wit; Chairperson Marketing & Media: SA Bartlett

National Training Camps:

3rd Camp: 22 – 23 March 2019 Primrose Wrestling Club
Friday 22 March 2019 – Registration at 18:30
Saturday 23 March 2019 – Finish at 16:00

4th Camp: 24 -25 May 2019 – To be advised
Friday 24 May 2019 - Registration at 18:30
Sunday 25 May 2019 - Finish at 12:00

The 2019 African Championship teams are as follows:

Please note:

Junior wrestlers that qualified for inclusion in both junior and senior age groups, will be allowed to participate in both Junior and Senior African Championships during 2019 if they wish to do so. They need to confirm if they elect to participate in both age categories or alternatively in which age category, they want to participate at the 2019 Championships by the Friday the 15 February 2019.

We want to emphasise that this arrangement will only be applicable for the 2019 African Championships as the event program for the 2019 African Championships has been change from the normal program which include a rest day in between the two events.

The criteria for the selection for the 2019 World Championship will remain as stated in SAWFCC Circular 02-1/2018 2 February 2018. Consideration for junior wrestlers will be given for participation at the UWW Junior World Championships 2019 only, based on the performance, results and experience of each individual wrestler.



SOUTH AFRICAN
WRESTLING FEDERATION

CADET TEAMS AFRICAN CHAMPIONSHIPS 2019					
FREESTYLE			GRECOROMAN		
WEIGHT	NAME	PROVINCE	WEIGHT	NAME	PROVINCE
41 - 45kg	Boshoff, Kirwan	GNWA	41 - 45kg		
45 - 48kg	Plaatjies, Ashley	WPWA	45 - 48kg	Botha, Riehan	CGWA
51 - 55kg	Booyesen, Fernando	EGWA	51 - 55kg	Joubert, Francois	EGWA
55 - 60kg	Jansen van Vuuren, Rubin	SEDWA	55 - 60kg	Du Toit, Neil	GNWA
60 - 65kg	Lehmkuhl, Mika	GNWA	60 - 65kg	Pretorius, Morne	EGWA
65 - 71kg	Van Zijl, Arno	GNWA	65 - 71kg		
80 - 92kg	Coetzee, Kegan	LWA	80 - 92kg		
92 - 110kg			92-110kg	Du Toit, Jaco	GNWA
COACHES	Hansie Kruger	MPWA		Markus Dekker	GNWA
ASSISTANT COACHES	Rassie Erasmus	EGWA		Michael Gaitskill	EGWA
FREESTYLE WOMEN					
WEIGHT	NAME	PROVINCE			
46 - 49kg	Van As, Lene	LWA			
65 - 69kg	Oosthuizen, Charmone	LWA			
COACHES	Hansie Kruger	MPWA			
ASSISTANT COACHES	Rassie Erasmus	EGWA			
TEAM MANAGER	Bartlett, Shani	EGWA			



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JUNIOR TEAMS 2019 AFRICAN CHAMPIONSHIPS					
FREESTYLE			GRECOROMAN		
WEIGHT	NAME	PROVINCE	WEIGHT	NAME	PROVINCE
U/57kg	Farao, Gershwin	WPWA	U/55kg	Kok, Lu-Shawn	NFWA
57 - 61kg	Meyer, Luco	GNWA	55 - 60kg	Lubesi, Tharollo	GNWA
61 - 65kg	Nortjé, Edrich	GNWA	60 - 63kg	De Wet, Os	KZNWA
65 - 70kg	Van Riel, Jaundré	WPWA	63 - 67kg		
70 - 74kg	Bartlett, Matthew	EGWA	67 - 72kg		
74 - 79kg	Strydom, Hanco	BWA	72 - 77kg		
79 - 86kg	De Lange, Steyn	LWA	77 - 82kg	Van Niekerk, Crowther	SFSWA
86 - 92kg	Grobler, Machiel	GNWA	82 - 87kg		
92 - 97kg	Kriel, Jacques	EGWA	87 - 97kg		
COACH	Kurt Herzog	BWA	COACH	Tobie Alberts	EGWA
ASSISTANT COACHES				Dean van Zyl	CGWA
FREESTYLE WOMEN					
WEIGHT	NAME	PROVINCE			
53 - 55kg	Zandberg, Lezandri	EGWA			
COACH	Kurt Herzog	BWA			
TEAM MANAGER	Lizzy De Wet	KZNWA			

SENIOR TEAMS 2019 AFRICAN CHAMPIONSHIPS					
FREESTYLE			GRECOROMAN		
WEIGHT	NAME	PROVINCE	WEIGHT	NAME	PROVINCE
U/57kg	Tau, Tanki	NWWA	U/55kg		
57 - 61kg	Van Den Berg, Nico	MPWA	55 - 60kg		
61 - 65kg	Nortjé, Edrich	GNWA	60 - 63kg	Coetzee, Gertjie	GNWA
70 - 74kg	Bartlett, Matthew	EGWA	67 - 72kg		
74 - 79kg	Geringer, Zander	GNWA	72 - 77kg	Van Zyl, Dean	GNWA
79 - 86kg	De Lange, Steyn	LWA	77 - 82kg		
86 - 92kg	Mostert, Johan	WPWA	82 - 87kg	Nel, Gabriel	WPWA
92 - 97kg	Martin, Erasmus	EGWA	87 - 97kg		
COACH	Nico Coetzee	EGWA	COACH	Gertjie van der Merwe	WPWA
TEAM MANAGER	Lizzy De Wet	KZNWA			

Kind Regards

Nico Coetzee - Chairperson SAWFCC