

**To:** Secretary/ Presidents – SAWF Wrestling Associations  
SAWF Executive Management

1 July 2019

### SAWFCC CIRCULAR 15/2019 (National Training Camp PWV Area 5 - 6 July 2019)

We would like to inform the everybody with regards to the national training camp scheduled for the weekend of the 5 - 6 July 2019. The upcoming training camp will be not be sleep over camp, as we normally present this time of the year. We will present training sessions on Saturday during the day. Each region will schedule the training sessions and inform wrestlers and coaches in their area. This will be a normal training as scheduled in the 2019 SAWF Calendar and will form part of the 60% compulsory attendance for the 2020 National trials to be held in September 2019.

*Please note that entries for the scheduled training camps will be done on ETMS for wrestlers, coaches and team managers. Please ensure that wrestlers, coaches and team members registered on time.*

- 1. Wrestlers that needs strapping must bring their own strapping along.*
- 2. All wrestlers (13 years and older) are welcome to attend the scheduled training sessions providing that they register and enter on ETMS as requested.*
- 3. Please remember that wrestlers need to arrange their own food for Saturday afternoon lunch.*

### National Training Camp:

6 July 2019 – Primrose Wrestling Club  
Registration: Saturday 6 July 2019 – 07:30  
Finish: Saturday 6 July 2019 – 15:00

**Entries on ETMS closes on Friday 6 July at 10:00.**

Wrestlers and coaches selected and included in the 2019 Cadet and World Championship Teams are required to:

- Wrestlers must at least 80% of the scheduled national training sessions by participating in and completing the training sessions.
- All scheduled National training camps are compulsory. *Please note wrestlers must attend all training sessions at the training camp.*

Kind Regards

Nico Coetzee - Chairperson SAWFCC

President: MHJ Bosse; Honorary President: JH Taljard; Vice President: C Villet; Vice President: CJ van der Walt; Vice President: Jeanne-Marie Coetser  
Secretary General & Chairman Admin Council: HN van den Berg; Treasurer: SH Bartlett; Chairperson Officials: W Giliomee  
Chairperson Coaches: N Coetzee; Chairperson Team Managers: M Luff; Chairperson HSSC: R Pieterse  
Assistant to Treasurer & Secretary General: M de Wit; Chairperson Marketing & Media: SA Bartlett