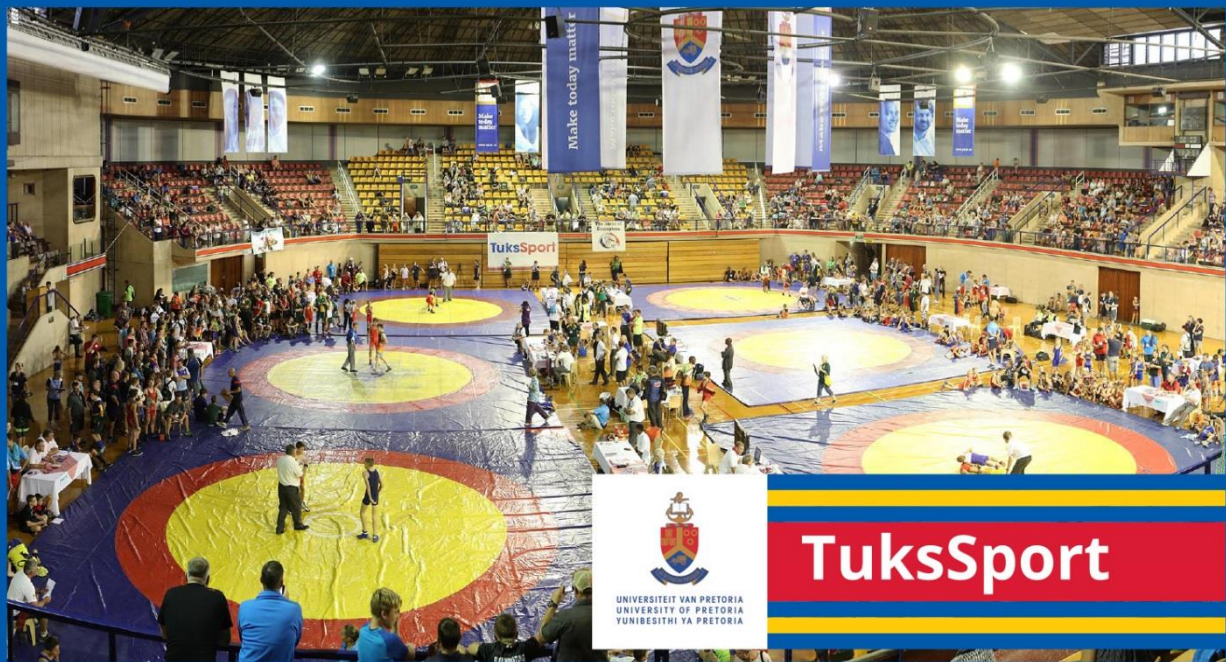


TuksWrestling

Tuks Challenge

**Date:**

7 March 2020

Venue:

Rembrandt Hall, Hillcrest Sports Campus

Entries Close:

4 March 2020 at 22:00

Contact Details:

Linita Kappetijn, 082 968 4242

secretary@tukswrestling.co.za

#UPYourSportingGame

**Tuks Wrestling Academy invites ALL wrestlers to enter the
2020 TUKS CHALLENGE!**

WEIGH-IN:	07:00 – 07:45
MEDICAL CHECK:	Immediately prior to Weigh-In.
NUMBER OF MATS:	7 in Rembrandt Hall / 2 LTPD in Hall 3.
ENTRIES & ACCREDITATION:	All on eTMS. No manual entries.
PROGRAMME FEE:	R 100.00 per club.
LATE ENTRIES:	Possible, at an additional cost of R 100.00.
ENTRY FEES: (Male and Female)	
Above 17:	Free
Under 17:	R 240.00
Under 6 / 7 / 8:	R 240.00 (SAWF LTPD Rules)
All Disadvantaged participants:	R 120.00 (PDI/FC/UP)
PRIZES 1st PLACE WINNERS, All only if at least 3 in a weight:	Under 13: To the value of R 150.00, Under 15: To the value of R 400.00, Cadets and Above 17: To the value of R 600.00
TOURNAMENT ADMIN:	Alet Steenberg 0828243662 alet.steenberg@sanlam.co.za
PAYMENTS FROM CLUBS:	Please pay entry fees by EFT BEFORE FRIDAY 6 MARCH 2020!
PROOF OF PAYMENT:	Email to treasurer@tukswrestling.co.za .
BANK DETAIL:	Tuks Stoei, ABSA, Acc #: 20275936 Branch: 632005
WITHDRAWAL:	After 4 March 2020 <i>free</i> withdrawal from this competition will only be allowed with a valid medical certificate by a certified medical practitioner.
ANY EVIDENCE OF RINGWORM:	Will be covered (Medical) if not in hairline or face. Cost of R 100.00.

ALL REFEREES, TEAM MANAGERS, COACHES, MEDICAL- & ADMIN OFFICIALS:

Welcome to you all! Please enter on eTMS before 4 March 2020 at 22:00! Prices for referees!

CATEGORIES:

Female and Male: U/6; U/7; U/8 (Born 2012 – 2014) LTPD Rules on 2 mats in Hall 3.

Attire: Wrestling singlets or T-shirts (not blue or red) and shorts, soft sneakers (tekkies). No bare foot wrestling allowed.

Pairing: NORDIC. Open Brackets: Lowest weight starting with a 10% increase.

Prizes: Participation Medals for all as per SAWF LTDP regulations.

Male (LL): U/9, U/10 U/11, U/13, U/15, Cadet & Above 17

SA1 ELIMINATION – Medals for Gold, Silver and Bronze.

Open brackets with 10% increments.

Female (FL): U/11, U/15, U/17, Above 17

SA1 ELIMINATION – Medals for Gold, Silver and Bronze.

Open brackets with 10% increments.

Females may enter either or both male and female categories if they so choose.

We thank you for your much-appreciated support of the Tuks Challenge 2020!

PLEASE NOTE: No formal opening and speeches! **“Up front” Written Participant Codes:**

Please take note of all the Participant Codes in **ANNEXURE A.**

By entering this Challenge, every Wrestler, Coach, Referee, Administrator, Team Manager and/or Spectator subscribe to these codes. These will not be repeated on tournament day in order to avail more time to actual wrestling.

ANNEXURE A: PARTICIPANT CODES

Wrestlers' Code:

I undertake to refrain from any improper act or attitude, to wrestle fairly without any hate or passion, to observe the rules, to respect the well-being of my opponents and always to demonstrate a sporting spirit to the highest degree.

Coaches' Code:

I undertake to always dedicate my wrestling skills without prejudice to the coaching and education of the wrestling youth of our country.

Referees' Code:

I undertake to assume my duties and functions without favouritism or discrimination and to carry it out with total objectivity and absolute observance of the rules of wrestling.

Administrators' Code:

Give me the ability to meet my responsibilities with honesty and righteousness and to be friendly and helpful at all time.

Team Managers' Code:

I undertake to act with responsibility and to see to the neatness and discipline of all team members and to guard against the good name of my club and province being damaged by unsporting or misbehaviour.

Spectators' Code:

I undertake to support wrestling matches with dignity, to honour the confidence shown in the wrestlers, coaches and all officials and to respect the decisions made.