



JANUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Year's Day	2 PUBLIC HOLIDAY	3	4	5	6	7
8	9	10	11 INLAND CLUSTER SCHOOLS OPEN	12	13	14
15	16 SAWF Coaches Meeting	17	18 SAWF HSS Meeting COASTAL CLUSTER SCHOOLS OPEN	19	20 Correspondence for SAWF meeting closes	21
22	23 Closing date for SAWF General Meeting Attendance Confirmation	24	25	26	27 ADMIN WORKING DATES FOR 2023 CLOSE ----- SAWF BOSBERAAD	28 <u>08:00</u> – SAWF Executive Management Meeting ----- <u>11:00</u> – SAWF General Management Meeting ----- SAWF BOSBERAAD
29 SAWF BOSBERAAD	30	31				

SOUTH AFRICAN
WRESTLING FEDERATION



FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3 SAWF Coaches Course - Evaluation (PWV) (Gauteng North Wrestling Hall)	4 SAWF Coaches Course (PWV) (Gauteng North Wrestling Hall) SAWF Referees Course (Cape Town) SAWF Admin and Team Managers Course (Afrikaans)
5	6	7	8	9	10	11 SAWF HSS Course (Afrikaans) SAWF Referees Course (Gauteng) SAWF Admin and Team Managers Course (Afrikaans Cape Town)
12	13 SAWF Coaches Meeting	14	15	16	17	18
19	20	21	22	23	24	25 EKURHULENI WRESTLING OPEN
26	27	28 Closing date for SAWF NATIONAL Grading				



MARCH 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 SAWF NATIONAL GRADING (Free State)
5	6 SAWF Coaches Meeting	7	8	9	10 SAWF Admin Bosberaad ----- SAWF Coaches Course - Evaluation (Cape Town)	11 SAWF HSS Course (English) SAWF Admin Bosberaad SAWF Coaches Course (Cape Town)
12 SAWF Admin Bosberaad	13	14	15	16	17	18 <u>08:00</u> – SAWF Executive Management Meeting
19	20 Special School Holiday	21 Human Rights Day	22	23 Closing date for SA President and Master Championship entries on Club level	24 Schools close for Inland Cluster	25 Final date for Challenges
26	27 Closing date for SA President and Masters Championship on Association level	28	29	30	31 Schools close for coastal cluster National Training Camp	



APRIL 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 SA PRESIDENT AND MASTERS CHAMPIONSHIP (KZN-NEWCASTLE) National Training Camp
2 National Training Camp	3 SAWF Coaches Meeting	4	5	6	7 Good Friday	8
9	10 Family Day	11	12 Schools Open SAWF HSS Meeting	13 Closing date for African Championships entries	14	15 FRANK JOUBERT OPE (Menlo Park)
16	17	18	19	20 Closing date for SA Greco Roman Championship entries on club level	21 SAWF Coaches Course - Evaluation (Bloemfontein)	22 SAWF Coaches Course (Bloemfontein)
23	24 Closing date for SA Greco Roman Championship on Association level	25	26	27 Freedom Day	28 Special School Holiday National Training Camp	29/30 SA GRECO ROMAN (MPUMALANGA) National Training Camp



MAY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Workers Day	2	3	4	5	6 ABRAHAM GELDENHUYS OPEN ***** NORTHWEST WRESTLING ASSOCIATION OPEN
7	8 SAWF Coaches Meeting	9	10	11	12	13
14	15	16 AFRICAN CHAMPIONSHIPS U/17, U/20 AND SENIOR (Tunisia/Tunis)	17 AFRICAN CHAMPIONSHIPS U/17, U/20 AND SENIOR (Tunisia/Tunis)	18 AFRICAN CHAMPIONSHIPS U/17, U/20 AND SENIOR (Tunisia/Tunis)	19 AFRICAN CHAMPIONSHIPS U/17, U/20 AND SENIOR (Tunisia/Tunis) Correspondence for SAWF meeting close	20 AFRICAN CHAMPIONSHIPS U/17, U/20 AND SENIOR (Tunisia/Tunis) FREE STATE CHAMPIONSHIPS
21 AFRICAN CHAMPIONSHIPS u/17, u/20 AND SENIOR (Tunisia/Tunis)	22 Closing date for SAWF General Meeting Attendance Confirmation	23	24	25	26	27 <u>08:00</u> – SAWF Executive Management Meeting ----- <u>11:00</u> – SAWF Special General Management Meeting ----- General Management Meeting
28	29	30	31			



JUNE 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Closing date for Grand Prix of Spain	2	3 CENTRAL GAUTENG OPEN
4	5 SAWF Coaches Meeting	6	7	8	9	10
11	12	13	14	15 Closing date for SA U/17,U/20 and SENIOR Championships entries on club level	16 Youth Day	17 Final day for Challenges – World Championships
18	19 Closing date for SA U/17, U/20 AND SENIOR CHAMPIONSHIPS on Association level	20	21	22 Closing date for U/17 World Championships entries	23 Schools Close	24 SA, U/17,U/20 AND SENIOR CHAMPIONSHIPS (Cape Town)
25	26	27	28	29	30	



JULY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7 Grand Prix of Spain (Spain/Madrid)	8 Grand Prix of Spain (Spain/Madrid)
9 Grand Prix of Spain (Spain/Madrid)	10 Closing date for U/20 World Championship entries	11	12	13	14 National Training Camp	15 National Training Camp
16	17	18 Schools Open	19 SAWF HSS Meeting	20	21	22 BEAST OF THE EAST (Pretoria Oos Stoeiklub)
23	24	25 }	26	27	28	29 <u>08:00</u> – SAWF Executive Management Meeting
30	31 U/17 WORLD CHAMPIONSHIPS (Turkey/Istanbul)					

AUGUST 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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		1 U/17 WORLD CHAMPIONSHIPS (Turkey/Istanbul)	2 U/17 WORLD CHAMPIONSHIPS (Turkey/Istanbul)	3 U/17 WORLD CHAMPIONSHIPS (Turkey/Istanbul)	4 U/17 WORLD CHAMPIONSHIPS (Turkey/Istanbul)	5 U/17 WORLD CHAMPIONSHIPS (Turkey/Istanbul) J. REITZ BIG 5 OPEN
6 U/17 WORLD CHAMPIONSHIPS (Turkey/Istanbul)	7 SAWF Coaches Meeting	8	9 National Woman's Day	10	11 Closing date for Senior World Championships	12 CENTURION WARRIORS OPE (Centurion)
13	14 U/20 World Championships (Poland/Warsaw)	15 U/20 World Championships (Poland/Warsaw)	16 U/20 World Championships (Poland/Warsaw)	17 U/20 World Championships (Poland/Warsaw)	18 U/20 World Championships (Poland/Warsaw) Correspondence for SAWF meeting close	19 U/20 World Championships (Poland/Warsaw)
20 U/20 World Championships (Poland/Warsaw)	21 Closing date for SAWF General Meeting Attendance Confirmation	22	23	24	25	26 <u>08:00</u> – SAWF Executive Management Meeting ----- <u>11:00</u> – General Management Meeting
27	28	29	30	31		

SEPTEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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						1 Application for 2024 Open and National Championships Close National Training Camp	2 MPUMALANGA OPEN National Training Camp
3	4 Closing date for Veterans World Championships SAWF Coaches Meeting	5	6	7	8	9	
10	11	12	13	14	15	16 Senior World Championships Russia/Krasnoyarsk	
17 Senior World Championships (Russia/Krasnoy arsk)	18 Senior World Championships (Russia/Krasnoyarsk) Closing date for U/23 World Championships	19 Senior World Championships (Russia/Krasnoyarsk)	20 Senior World Championships (Russia/Krasnoyarsk)	21 Senior World Championships (Russia/Krasnoyarsk)	22 Senior World Championships (Russia/Krasnoyarsk)	23 <u>08:00</u> – SAWF Executive Management Meeting ----- -- Senior World Championships (Russia/Krasnoyars k)	
24 Heritage Day Senior World Championships (Russia/Krasnoy arsk)	25 Public Holiday	26 Closing date for SA Youth Championship entries on Club level	27	28	29 Schools Close Closing date for SA Youth Championships on Association level	30	



OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6 SA YOUTH CHAMPIONSHIP (PRETORIA)	7 SA YOUTH CHAMPIONSHIP (PRETORIA)
8	9 SAWF Coaches Meeting	10 Schools Open Veterans World Championships (Greece/Loutraki)	11 Veterans World Championships (Greece/Loutraki)	12 Veterans World Championships (Greece/Loutraki)	13 Veterans World Championships (Greece/Loutraki) National Training Camp	14 North Vaal President Tournament Veterans World Championships (Greece/Loutraki) National Training Camp
15 Veterans World Championships (Greece/Loutraki)	16	17	18	19	20	21
22	23 U/23 World Championships (Finland/Tampere)	24 U/23 World Championships (Finland/Tampere)	25 U/23 World Championships (Finland/Tampere)	26 U/23 World Championships (Finland/Tampere)	27 U/23 World Championships (Finland/Tampere)	28 U/23 World Championships (Finland/Tampere)
29 U/23 World Championships (Finland/Tampere)	30	31				

NOVEMBER 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 08:00 – SAWF Executive Management Meeting
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 Closing date for SAWF AG Meeting Attendance Confirmation	21	22	23	24	25 09:00 – SAWF Annual General Management Meeting ----- 2024 Affiliation Documents ----- SAWF MERIT AWARDS AND SA CHAMPIONSHIP TROPHIES
26	27	28	29	30		

SOUTH AFRICAN
WRESTLING FEDERATION



DECEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13 Schools Close	14	15	16 Day of Reconciliation
17	18	19	20	21	22	23
24	25 Christmas Day	26 Day of Goodwill	27	28	29	30/31



2023 Categories and Brackets

Style	FS/WW	FS/WW	FS/WW	FS/WW	FS/WW	FS/GR	FS/GR	FS/GR	FS	FS	FS	
Category	U/8	U/9	U/10	U/11	Presidents Schools	U/13	U/15	U/17	U/20	Seniors	Presidents - Juniors	
Ages	2015	2014	2013	2012	2010 - 2014	2010 - 2011	2008 - 2009	2006 - 2007	2003 - 2005	> 2005	2003 - 2009	
Brackets	Open	Open	Open	Open	Open	30kg 34kg 38kg 41kg 45kg 48kg 51kg 55kg 60kg 65kg 71kg 80kg 92kg	38kg 41kg 45kg 48kg 51kg 60kg 65kg 71kg 80kg 92kg 110kg	41 - 45kg 48kg 51kg 55kg 60kg 65kg 71kg 79kg 86kg 92kg 97kg 110kg	57kg 61kg 65kg 70kg 74kg 79kg 86kg 92kg 97kg 125kg	57kg 61kg 65kg 70kg 74kg 79kg 86kg 92kg 97kg 125kg	30kg 34kg 38kg 41kg 45kg 48kg 51kg 55kg 60kg 65kg 71kg 80kg 92kg 97kg 110kg 125kg	
						(13)	(12)	(10)	(10)	(10)	(15)	
	Style	WW	WW	WW	WW	WW	WW	GR	GR	GR	FS/GR	
	Category	U/13	U/15	U/17	U/20	Seniors	Presidents - Juniors	U/20	Seniors	Presidents Juniors	Masters	
	Ages	2010 - 2011	2008-2009	2006 - 2007	2003 - 2005	> 2005	2003 - 2009	2003 - 2005	> 2005	2003 - 2011	> 1995	
	Brackets	24kg	27kg	40kg	50kg	50kg	27kg	55kg	55kg	Under 30kg	62kg	
		27kg	30kg	43kg	53kg	53kg	30kg	60kg	60kg	34kg	70kg	
		30kg	33kg	46kg	55kg	55kg	33kg	63kg	63kg	38kg	78kg	
		33kg	36kg	49kg	57kg	57kg	36kg	67kg	67kg	41kg	88kg	
		36kg	40kg	53kg	59kg	59kg	40kg	72kg	72kg	45kg	100kg	
		40kg	43kg	57kg	62kg	62kg	43kg	77kg	77kg	48kg	130kg	
		43kg	46kg	61kg	65kg	65kg	46kg	82kg	82kg	51kg		
		46kg	49kg	65kg	68kg	68kg	49kg	87kg	87kg	55kg	Cat A	28-34 Years
49kg		53kg	69kg	72kg	72kg	53kg	97kg	97kg	60kg	Cat B	35-47 Years	
53kg		57kg	73kg	76kg	76kg	57kg	130kg	130kg	65kg	Cat C	48-59 Years	
57kg		61kg	+73kg	+76kg	+76 kg	61kg			71kg	Cat D	60+ Years	
61kg		65kg				65kg			80kg			
65kg		69kg				69kg			92kg			
69kg	73kg				73kg			97kg				
+69kg	+73kg				76kg			125kg				
(15)	(15)	(11)	(11)	(11)	(16)	(10)	(10)	(15)	(6)			

Open = Wrestlers are grouped in brackets not more than 10% more than the lightest wrestler in the bracket. WW – Woman Wrestling, FS – Freestyle, GR Greco Roman

* Parental and Medical approval letter required