

To: Secretary/ Presidents – SAWF Wrestling Associations
SAWF Executive Management
22 January 2024

SAWFCC CIRCULAR 02/204 (NATIONAL COACHING COURSES 2024)

We would like to share the followings information with our coaches:

1. Coaching Courses

The requirements will apply:

- All sessions on the Saturday will be practical on the mat.
 - Evaluation and practical testing will be done on Friday afternoon and evening.
- A link for the theoretical will be emailed to the coaches which they can do online.

Entries for the 2024 Coaching Courses must be done on ETMS. All coaches and instructors must be entered on ETMS for the course. (Persons entering coaches on ETMS should take note of the following arrangements)

Please note: Only registered Coaches will receive credit for attendance.

1. Coaches that only want to attend the course should only enter for Saturday 3 February 2024 on ETMS.

2. Coaches being evaluated should enter for Friday 2 February 2024 on ETMS when examination takes place, these coaches will enter for both days.

3. Entries for the course, close on Wednesday 31 January 2024 at 20:00

Details of course:

First course will be hosted on 2 and 3 February 2024.

- Venue: Friday – Northern Gauteng – Menlo Park (25 26th Street Menlo Park Pretoria)
Registration: **2 February 2024 from 17:00** (Only for Coaches that will be tested)

The examination and practical testing for level 1, 2 and 3 takes place on Friday from 17:00. We will be available for the theoretical examination for coaches that wants to start earlier.

Registration: Saturday 3 February 2024 from 07:00 until 08:00

We appreciate everybody's co-operation with the entries on ETMS, which will enable us to prepare properly for the respective course)

The requirement that coaches must attend one compulsory National coaching course per year, to enter or coach at any scheduled S.A. event will remain in place for 2024. To coach at any scheduled S.A. event in 2024 a coach must attend at least one National coaching course in 2024. Coaches that could not attend a National Coaching Course in 2023 will not be able to enter or coach at any scheduled S.A. event during 2024, until they attend a National Coaching Course during the year. Credit for course attendance will only be given if coaches complete the whole course. The grading requirements for 2024 is attached to this circular.

Important: The LTPD Plan and its content are part of the learning material for examination purposes.

Please take note of the following arrangement for coaches attempting to upgrade to a national level 3 Coaches grading. Coaches that want to be tested for National level 3 must submit three (3) written assignments before the start of the course. If the written assignments are not received beforehand no evaluation will be allowed. **Coaches must arrange a minimum of eight (8) registered wrestlers to be available for their practical testing.**

Details of courses:

Second course will be hosted on 8 and 9 March 2024.

• Venue: Friday and Saturday – Cape Town – Venue still to confirm
Registration: **Friday 8 March 2024 from 17:00.**

• The examination and practical testing for level 1, 2 and 3 takes place on Friday from 17:00. We will be available for the theoretical examination for coaches that wants to start earlier.

Registration: Saturday 9 March 2024 from 07:00 until 08:00

Coaches being evaluated should enter for Friday 8 March 2024 on ETMS when examination takes place, these coaches will enter for both days.

Entries for the course, close on Wednesday 06 March 2024 at 20:00

Details of courses:

Third course will be hosted on 19 and 20 April 2024.

• Venue: Friday and Saturday – Bloemfontein – Venue still to confirm
Registration: **Friday 19 April 2023 from 17:00.**

• The examination and practical testing for level 1, 2 and 3 takes place on Friday from 17:00. We will be available for the theoretical examination for coaches that wants to start earlier.

Registration: Saturday 20 April 2024 from 07:00 until 08:00

Coaches being evaluated should enter for Friday 19 April 2024 on ETMS when examination takes place, these coaches will enter for both days.

Entries for the course, close on Wednesday 17 April 2024 at 20:00

Provincial Courses

Associations are requested to send the details of their Provincial Coaches Courses to the SAWF Coaches Council. Esta van Zyl estavanzyl1@gmail.com), Markus Dekker markuswrestling@gmail.com

Kind Regards
SAWCC

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