

YOU ARE INVITED TO

# BEAST OF THE EAST

2024 OPEN

FIRST 350 WRESTLERS, 8 ADMIN AND 40 REFEREES WILL  
RECEIVE A CUSTOM DESIGNED BACK-PACK

**Venue :** Gauteng North Wrestling Hall  
25 26th Avenue, Menlopark, Pretoria

**Date :** 20 July 2024

**Mats:** 4

**Closing Date:** Wednesday 17 July at 22:00 eTMS

**Medical and Weigh-in:**

**Session 1:** 07h00 to 07h30  
U/6 to U13 + President schools

**Session 2:** 13h00 to 13h30  
U/15 and older + President Juniors

**The final Schedule will be shared after entries close.**

**Entry Fees:**

**Male categories:** R300 (1<sup>ST</sup> ENTRY) R200 (2<sup>ND</sup> ENTRY AND NEXT)

**Female categories:** R200 (1<sup>ST</sup> ENTRY) R200 (2<sup>ND</sup> ENTRY AND NEXT)

**PDI/ Less Fortunate:** R120 (1<sup>ST</sup> ENTRY) R100 (2<sup>ND</sup> ENTRY AND NEXT)

**Administration fee:** R100.00 per club.

**Contact Person:** Andy Patrick  
082 494 3321 / apconnected@gmail.com

**Tournament Administrator:** Alet Steenberg  
082 824 3662 / alet.steenberg@gmail.com

## CATEGORIES

\*Please note that the final session schedule will be published after the entries closed. \*

### Freestyle: U/6 – U/7:

- Female wrestlers will be allowed to complete in male categories, should they wish to do so.
- Bronze medals will be awarded to all participants:
- Open bracket with 10% cumulative weight groups starting at the lightest weight in the group.
- Wrestlers 3 - 7 will wrestle in terms of the approved Nordic rules.

### Freestyle: U/8 – Senior:

- Female wrestlers will be allowed to complete in male categories up to U/11, should they wish to do so.
- Gold, Silver, and Bronze medals will be awarded for the first three places.
- Open bracket with 10% cumulative weight groups starting at the lightest weight in the group.
- Wrestlers 3-7 will wrestle in terms of the approved Nordic rules. The approved SA ballot rules will apply for 8 and more wrestlers.

### Freestyle

- |                          |                     |         |         |
|--------------------------|---------------------|---------|---------|
| 1. U/8                   | 2. U/9              | 3. U/10 | 4. U/11 |
| 5. U/136.                | 6. U/15             | 7. U/17 | 8. U/20 |
| 9. President School      |                     |         |         |
| 10. President Junior     |                     |         |         |
| 11. Senior               |                     |         |         |
| 12. Masters A (28 to 47) | 13. Master B (48 +) |         |         |

### Females:

- |                      |        |         |         |
|----------------------|--------|---------|---------|
| 1. U/8               | 2. U/9 | 3. U/10 | 4. U/11 |
| 5. Presidents School |        |         |         |
| 6. President Juniors |        |         |         |
| 7. Seniors           |        |         |         |

### Greco-Roman:

- |         |                     |           |
|---------|---------------------|-----------|
| 1. U/13 | 2. President Junior | 3. Senior |
|---------|---------------------|-----------|

Clubs must please EFT to settle the accounts, eTMS entry reports will indicate the amount due.

Name:	Pretoria Oos Stoeiklub
Bank:	First National Bank
Account no:	626 1319 0602
Branch:	Woodlands
Ref:	Name of Club

Email proof of payment to [apconnected@gmail.com](mailto:apconnected@gmail.com), and please bring proof of payment along.

## General Information

- Referees and Judges will meet at 06H45 for the referee's meeting.
- All wrestlers, referees, team managers, administrators, and coaches must be entered on eTMS.
- All wrestlers will be weighed after medical was completed.
- Medals will be handed out at the admin office.
- Referees, medical staff, and tournament administrators will receive a meal and water during the day.
- Weigh-in and official cards will only be handed to the team manager.
- Please keep traffic conditions in mind to ensure that you arrive in time, no wrestler will be allowed to weigh in after the scales are close.
- Food and beverages will be sold at the designated service area.
- Please note that in terms of the Tobacco Control Act 83 of 1993, smokers must be at least 10 meters away from any public building. Designated smoking areas are set aside for smokers please use these areas.

### Medical Rules - Potentially Infectious Skin Lesions

The purpose of the pre-competition medical check is not to eliminate wrestlers from competition, but the SAWF rules obligates us to ensure the health and safety of all participants during competitions.

To decide if a lesion is infectious or not can be very difficult. For this reason, the opportunity to present a letter from a Dermatologist is accepted, to certify activity or non-activity of suspicious lesions.

The letter from the Dermatologist should not be older than seven (7) days and must state where the suspected lesion / mark is and confirm that it is not infectious and has been treated.

This letter must be handed in to the medical examination officials at the pre-competition examination.

If no letter is submitted the medical practitioner or, in the absence of a medical practitioner, the HSS Council member on duty will apply the rules regarding the strapping of skin lesions, keeping in mind that the safety of other participants at the competition is priority.

Only HSS approved strapping will be used to cover and secure the lesion - the cost of which will be passed onto the club by the tournament treasurer.

**NO WRESTLER WITH SKIN LESIONS OR CONTAGIOUS MEDICAL CONDITIONS IN AND AROUND THE FACE AS WELL AS THE NECK OR HAIRLINE WILL BE ALLOWED TO WRESTLE.**

It may occur that a lesion was not seen during the pre-competition medical, for various reasons. The main reason often is that the wrestler has hidden the lesion by applying make-up to it. Should the lesion appear through the day the above guidelines will be apply.

In the event of a dispute the senior team manager may request the tournament secretary to convene a panel consisting of the tournament secretary, SAWF refereeing delegate, the SAWF HSS delegate and the SAWF coaches delegate to rule on the matter - their decision is final, and no further representations will be considered, and no refunds will be given.